

# stock & stable

all day cafe • high constantia



est. 24

## morning drinks

### cocktails

<b>mimosa</b>	bubbly, oj, berry, granadilla & vanilla	78
<b>aperol</b>	cinzano spritz, soda, orange	118
<b>harry's</b>	bellini peach puree, prosecco	98
<b>bloody hell mary</b>	chilli vodka, spiced & sauced	138

### cold

<b>squeezed daily</b>	orange	58	<b>ginger/tumeric</b>	shot	48
<b>other</b>	orange, cranberry, green, apple, mango				40
<b>granitas</b>	mango, berry, lemonade, espresso				46
<b>coffee shake</b>	espresso, ice cream & cream				72

### smoothies

<b>green</b>	vg, oat milk, green fruit & veg, ginger, mint	74
<b>orange</b>	yoghurt, mango, aromatic spiced honey	88

<b>red</b>	yoghurt, variety berries, red apple, coulis	98
<b>mocha</b>	yoghurt, espresso, chai, almond, honey	86

### hot

plunger	45	americano	34	decaf americano	34	cappuccino	42	double cino	58	rooibos cino	42
espresso	32	double espresso	36	cortado	38	flat white	39	chai latte	42	dirty chai	48
latte	45	double latte	52	rooibos latte	48	caffe mocha	50	hot choc	44	ceylon	28
rooibos	28	infused	35	* milk alternatives - oat or almond - surcharge 12							

## daily pastry

**croissants** plain 42 plain, butter & jam 55 almond 58 choc 58 **muffin** savoury or sweet 50

## cake & bake

**carrot cake** 68 **baked cheesecake** 105 **chocolate cake** 68

see counter for daily additional sweet treats

## health

**vanilla pod yoghurt pannacotta** toasted granola, in-season fruit, berry compote 120

**made to order oats** oat milk, stewed apple, aromatic spices, candied nuts, whole honey-comb 98

## french toast

**cinnamon sugar** maple caramel 88 **mixed berry compote** whipped mascarpone 98

add: four rashers wood-fired bacon 45

## toasted croissant

**melted gruyère & gypsey ham** bacon jam 138

add: fried egg 16

**scrambled egg & bacon** 112

**scrambled egg & trout** 170

## wood-fired pizzetta

**greek** whipped feta, poached eggs, spinach, wood-oven tomatoes, green tapenade 140

**bolognese** beef ragu, poached eggs, cheese 138

**brekkie** mozzarella, poached eggs, bacon, variety 'shrooms, brekkie relish 160

## open toast

**smashed avo** chimichurri, whipped feta, seeds, evoo 92

add: poached egg 16 add: four rashers wood-fired bacon 45

**toast plate** 2 slices, butter & jam 48

**eggs & toast** scrambled 64

**mushroom ragu** vg, rocket, parsley oil 126

**spiced shakshuka** tomato, feta, herbage 162

**bacon & eggs** scrambled, bacon jam 112

**smoked trout & eggs** scrambled, lemon, evoo 172

choose: 70% rye, seed, ciabatta, sourdough

**SS bennie** 132

ciabatta, poached eggs, wood-fired bacon, carbonara hollandaise, crispy basil

**SS royale** 168

ciabatta, poached eggs, smoked trout, hollandaise, green oil, lemon

**the stable** 168

choice of eggs, fennel sausage, bacon, after hours potatoes, blistered tomato, wood-fired 'shrooms, toast & jam

**brekkie burger** 188

open-flame beef patty, garnish, fried egg, bacon jam, fries, brioche bun